

Mental Status Exam

INeedASocialWorker.com - Social Work Form Template

A structured snapshot of a client's current mental state at the time of the interview.

Observation

Appearance:

☐ Well-groomed ☐ Disheveled ☐ Appropriate

Behavior / motor:

☐ Calm ☐ Restless ☐ Agitated

Speech:

☐ Normal ☐ Rapid ☐ Slowed ☐ Pressured

Mood & Affect

Mood (client's words):

Affect:

☐ Full ☐ Constricted ☐ Flat ☐ Labile

Thought

Thought process:

☐ Logical ☐ Tangential ☐ Disorganized

Thought content:

Cognition & Insight

Orientation:

☐ Person ☐ Place ☐ Time ☐ Situation

Insight / judgment:

☐ Good ☐ Fair ☐ Poor

Risk

Suicidal / homicidal ideation:
